



## Article Side

Healthy smoking with electronic cigarettes by [Eliot Allen](#)

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Electronic Cigarettes hit the market with nearly instantaneous success. This is simply because they are an alternative to smoking that gives the smoker the advantage of an authentic smoking experience. The cigarettes are genuine in look and feel and when it comes to inhaling the cigarette, it gives the genuine taste of nicotine.

Most cigarette smokers will tell you the attraction to the cigarette is not only that it is their friend that is always there it is the taste and feel of smoking a cigarette. And, the electronic cigarette is providing these smokers the same pleasant experience as the traditional cigarette.

The electronic cigarette does provide an authentic smoking experience as it contains nicotine and vapor, which creates the feel of smoking. The smokeless cigarette is being used by many tobacco smokers to stop smoking and to cut down on their tobacco consumption. It is also being used as the smoking aid when smokers are in public places and are not able to break open the pack of traditional cigarettes and light up, as the smokeless cigarette is accepted nearly everywhere.

In regards to setting up the electric cigarette, it is fairly simple. The long end of the contraption is where the battery is place while the brown filter contains the tobacco substitute atomizer, which when conjoined with the battery part create the vapor that is released as smoke. In regards to refilling the cigarette when it runs out, the filters can be purchased in small packs that contain the equivalent of 60 cigarettes. All that is require is once the filter that is being used on the cigarette is finished, you remove the brown tip end, and dispose of it properly. You are then able to attach a new filter in its place. The cigarette is then ready to be, once again, used. Each new filter is said to contain 12 cigarettes.

The electronic cigarette can come in its own handy box shaped similar to that of an original box of cigarettes, only just a bit larger. The device comes with its own charging device which snugly fits into an electric outlet, where you then plug in the cigarette to the device to charge. The charging time of the device is not long at all, in fact, you can charge it up to its full potential in about an hour. Or, you can just charge it for a few minutes at a time, in your spare time.

Electronic cigarettes are an alternative to smoking and a new way to smoke, which allows all the great tastes of smoking and the feel of real cigarette smoking. Because the electronic cigarette is smokeless there are no social stigmas attached to the cigarette. Another bonus is that the cigarette is odor free, so there is no unpleasant smoke smells on your clothing or your breath, it is legal to use in most indoor places, there is no ash, no fire or flame, it is cheaper than tobacco smoking and provides an authentic smoking experience. Definitely, this is an advantage to the smoker.

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[Eliot Allen](#) - About Author:

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