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Contact Ingwenya tours for the ultimate Team Building Exercises by [Mary Porter](#)

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Ingwenya tours are widely thought of as the experts in South African team building exercises, we combine exhilarating activities such as white water rafting with the friendliest and most professional service throughout many areas of South Africa.

We have been leaders in this niche market since setting up in 1997 and have gained a fabulous reputation for our ability to produce flawlessly the most exciting and unique team building exercises. We cover all bases from the actual activity, great quality accommodation, and food and drinks where requested. With our wide variety of experiences we are sure we can accommodate everyone, but in the unlikely event that white water rafting, absailing, horse riding, deep sea diving or quad bike driving is not your thing do not despair as our flexibility allows us to tailor make an individual package specific to your organisation's individual needs.

We deliver corporate activities which your staff may not otherwise get to partake in. White water rafting is particularly popular ensuring everyone works together as a team whilst having a blast. Without even realising it is then these skills which are tweaked and used when you return to the office. Health and Safety is our number one priority, all our instructors are highly trained, professional individuals and all equipment used is of the highest standard. When the activities are over for the day we also operate conferences and motivational talks from external speakers, then it is time to relax and bond with your colleagues.

Ingwenya Tours truly believe that particularly in this tough economic climate investment in your staff morale is vital! For a little outlay you will undoubtedly boost team mood and confidence and this will in turn play a significant role in the productivity of your company which in turn leads to the all important increased profits!

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a [Team building exercises](#) from ingwenyatours.co.za are perfect if you want to improve relations between colleagues and promote positive interaction. a [White water rafting](#) really gets everyone involved. Perfect!

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