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Boss, I Shrunk the Meeting Rooms: the Shrinking Trend of Office Spaces by [Blake Mitchell](#)

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When the eight-inch floppy disk made its debut in the market in 1971, it made data storage very easy and versatile. Today, its legacy of easy data storage continues with flash drives and small external hard drives. Yet, similar to data storage, are office spaces also moving along the same highway?

At least, that is what the International Facilities Management Association (IFMA) thinks, as per its study. In 1994, an office worker had 90 square feet to stretch his legs and, as Neil Tunmore of Intel says, had his own cube. In 2010, however, that figure has dropped to 75 square feet, a drop of more than a square foot a year for 16 years. This is primarily the result of companies trying to lower real estate costs.

If you consider having less room to stretch your legs, perhaps it's bad news for the employee. However, experts believe the trend isn't that bad; in fact, it has helped the office space grow big in other areas. For instance, shared office spaces have fostered collaboration, as well as easier access to office amenities.

Rather than have its own kitchen, an office space can share a common kitchen with a second office space if it's close enough. The smaller the office gets, the less money companies have to pay for real estate costs. With the space getting smaller, employees have also learned to work in a more mutual state.

Another reason for the shrink is the fact that technology is making office gear smaller: LCD TVs, computer units, and even the coffee maker. It makes sense for companies to resize a worker's office space to aptly fit the small things. Washington DC meeting rooms, are no less than shaped by this trend, as they too have grown smaller. They're no longer the grand halls people knew in the past—those reserved for castles and schools of magic.

The office space of the future, especially in the capital, will be small but more efficient to say the least. So, you cannot stretch your legs after a hard day's work; but that should be done outside where the world is your elbow room. Small Washington DC meeting rooms, and other offices are in season, all for the sake of creating more productive company headquarters.

For more information about the shrinking trend of Washington DC meeting rooms, you can read the article at CNN.com. Another good source you may want to check out is [ABetterOffice.com](#), as it has various articles from office space tips to myths.

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