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Benefits of e-Cigarette by [Chris Adam](#)

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The advancement in technology is heralding big changes everywhere and youngsters are the one who are making the most of it. Be it latest mobiles phones, cars, iPod or play station- today's tech savvy youth embrace it all. The latest fad in this list is to buy e cigarette.

E cigarette is an electrical device that is hailed as an alternative to tobacco smoking but without the smoke. This device is same as a usual cigarette in appearance and it contains the same nicotine that is there in a regular one, the differentiating factor is that it is devoid of tobacco, tar and ash.

With all these harmful elements gone, it also puts away the awful smell that surrounds you after a smoke. With the look of the device the same as a cigarette, the regulars are not bound to miss the feel of the old one and can easily make the transition to a smoking without the smoke and buy e cigarette. The biggest benefit with this is also that by using e cigarette, now you can use it anywhere without any restrictions.

The only downfall for those who buy e cigarette is that it might end up attracting youngsters'™ attention that was averse to smoking initially due to its adverse impact on the health. Now, with smoke free cigarettes that reduce the bad effect on health, there is a possibility of youth taking to this new trend. Also, now these come with classy cases. The mysterious smoke-free cigarette operates thus: the e-cigarette when inhaled produces a mist bearing the same flavor of that of a tobacco smoke. Hence, the regular smoker does get the feel of the old one even with non-tobacco, non-tar, non-ash, non-smoke e cigarette.

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