



Article published on July 2nd 2012 | [Aviation](#)

Long distance flights may turn out to be an awfully exhausting and strenuous experience leading to sheer boredom for travellers. In fact, ensuring ways to kill time on board remains one of the biggest challenges for those booking air tickets on long flights. The article below discusses various ways to kill time on a long haul flight purposed for those who wish to net a relaxing and entertaining long-haul flight.

## Take a Nap

Catching sound sleep during the spell of long haul flights remains the best way to kill time! Taking a nap during the flight not only helps to avoid boredom but also helps to avoid Jet Lag. Those buying cheap airline tickets on long haul flights would do well to catch some sleep during the flight to relax the body and score a gratifying flying experience.

## Watch Some Movies

Watching movies remains yet another prominent ways to kill time on a long haul flight after booking air tickets. To avoid boredom on-board, one must always look for cheap flight tickets with airlines that offer AVOD (Audio Video on Demand). If the airline of your choice does not provide AVOD, bring along some pocket-fitting entertainment gadgets like DVD player or laptops.

## Groove to Music

Listening to music is yet another effective way to pass time aboard. Often, airlines that offer AVOD store a decent eclectic collection of music. However, if you are booking air tickets on flights with no AVOD or poor built-in music selection system, try to bring along some hand held entertainment gadgets like portable music players or ipods.

## Play Some Games

If you are looking for some real entertainment aboard the aircraft, do bring along some pocket-fitting, handheld gaming gadgets like Play stations. Games can keep you entertained for hours and are a great distraction from the strenuous experience of long flight.

## Read Some Books

Books could indeed be your best friends on a long haul flight. A thought provoking article, an interesting fiction or an enriching biography can keep you engaged and entertained for hours in a long flight.

## Get Up and Walk Around

Besides boredom, being seated for a long generally develops blood clots in legs, this problem is called deep vein thrombosis (DVT). So if you are on a long haul flight, make sure to walk up and down the aisles at least once in every 2 hours. It would also help you observe people and get to know other ways to kill time onboard.

## Look For In-flight WiFi

Over the years, many airlines have introduced in flight WiFi. Though there is a fee for the service, in-flight WiFi remains the best way to stay connected to family, friends or business associates while flying. Besides being connected to your loved ones, you will be able to surf the Internet and kill time in the flight.

Article Source:

<http://www.articleside.com/aviation-articles/best-ways-to-kill-time-for-those-buying-air-tickets.htm> - [Article Side](#)

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Article Keywords:

kill time on a plane, kill time on a long flight, long haul flight, long flight, air travel, air travel tips

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