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Some say you can learn a lot about a person based on the car they drive. Apparently, there could be some truth in the statement as new research suggests the car you drive—or the one you're attracted to—say something about your personality. In a society where the approval of others matters, you may need to replace your ol' reliable with a fresh, new set of wheels.

DeAnna Lorraine, America's favorite dating coach, made use of her years of expertise to put together profiles of men who drive the top five most leased vehicles and the women they attract. Her study revealed that drivers of mid-sized compact vehicles tend to be “more practical” and likely belong to the middle-income range; minivan drivers tend to be adventurous; and those who own pickup trucks are likely to be impulsive, rebellious, and wild. If first impressions matter to you, it's high time to start thinking what kind of car suits your lifestyle.

Buying a car can definitely be an overwhelming experience. However, it can be fun if you are doing it for a purpose—and it gets even more fun when you start exploring all of your options and selecting the one you like most. How do you choose a vehicle that fits your lifestyle? Below are three factors to consider.

Color

Strangely enough, a vehicle's color can hugely affect people's first impressions. For instance, those who drive black cars are perceived as aggressive and sometimes even dangerous. In fact, a survey reported black car owners agree as they like to be seen as super competent drivers. Unfortunately, their driving skills do not always live up to par with their perception of themselves.

Durability

Brampton residents rely on cars on a regular basis. It is the ninth largest city in Canada, which indirectly means going from one point to another on foot is unadvisable. Choose a vehicle from Brampton Ford dealerships that can endure long travels from time to time. If you're more of the adventurous type, consider pickup trucks, minivans, or SUVs as these vehicles are designed for off-road trips.

Efficiency

Vehicle efficiency plays a big role in the driver's lifestyle, whether they're in the middle- or high-income range. Choose a Brampton auto that is fuel-efficient, eco-friendly, and suitable for commutes. Such characteristics can give others the impression you're a responsible citizen.

Your vehicle mirrors your personality, thus affecting how others will see and interact with you. When shopping at Brampton car dealerships, always opt for the car that suits your lifestyle. Log on to [edmunds.com](#) for professional car-buying tips.

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