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Home Remedies for Stomach Ulcers That Give Amazing Results by [Peter Naruka](#)

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There might be many reasons for stomach ulcers such as nicotine, alcohol, faulty diets and stress. Some of the basic symptoms of ulcer are nausea, vomiting, indigestion and abdominal pain. Stomach ulcers can also be caused by Helicobacter Pylori bacteria. It can occur whenever there is damage by hydrochloric acid (present in stomach's digestive juices) to the mucosal lining of the stomach. There are many home remedies for ulcers which work towards energizing and repairing the body which may help the body to heal.

One of the simplest home remedies for ulcers is the use of raw cabbages. It produces amino acid which helps stomach lining to receive a good supply of the blood flow. As a result of which the stomach lining gets strengthen up and the ulcer heals quickly.

Raw honey is one of the natural home remedies for ulcers. When consumed it kills the bacteria and helps in strengthening stomach lining. It is also beneficial in keeping diseases and allergies at bay.

Wood apple leaves extracts help in reducing the inflammation and pain. Just soak some of these wood apple leaves in water and leave it overnight. Next day you can strain and drink this water in order to benefit from it.

Brewed fenugreek leaves are also one of the efficient home remedies for ulcers. It contains mucilaginous which is a compound which helps in coating and protecting the stomach lining and also heals the ulcer.

Hyperacidity in the stomach caused by gastric juices can be neutralized by eating bananas. Daily eat fruits rich in Vitamin A. Blackberries, water melon, peaches and oranges are rich in vitamin A.

You can even try drinking chamomile tea twice daily in order to clean your internal system and healing infection. Carrot and spinach juice mixed with cabbage juice is very useful in treating ulcers. Lime juice and salads are very beneficial in treating ulcers. Since lime is rich in citric acid and mineral salts which are good for treating the problem.

Make it a regular habit of drinking raw milk of goat which can prove to be very effective in treating stomach ulcers.

Golden seal root and slipper elm are very effective herbs in treating ulcers. These herbs fight bacteria and reduce inflammation. You can even try drinking cayenne pepper with glass of water which is equally beneficial in treating stomach ulcers.

In order to kill the burning sensation caused by ulcers one can drink sugarless cold milk.

Hog wood powder is also one of the good remedies in treating stomach ulcers. Just consume five milligrams of it daily and see its effects.

Bamboo leaves are good for treating stomach ulcers. Castor oil (30 grams) when taken with lukewarm milk (250 grams) also helps in treating stomach ulcers. Drumstick leaves are very effective in treating stomach ulcers. Make a paste out of fifteen to twenty leaves of drumstick and then mix it with curd. Consume it two to three times a day. These were some of the basic home remedies for stomach ulcers which are easy to follow and can be implemented with ease.

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