



Article Side

Herbal oils is a natural solution to aches and pains by [Alice R. Barrie](#)

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Indian Herb Care is at the very front end of herbal preparations, and has a wonderful line of products available for men and women to aid their health, weight loss, hair treatment, body and skin care. The ancient philosophy, known as Ayurveda, is firmly established in Indian culture and is believed to be able to guide individuals towards healthier living, using some very simple logical solutions, which effectively recognizes what can and what cannot improve life. All kinds of blends are put together, each with differing abilities and quantities to heal various parts of the body.

Two of the many remedies are Ayur Herbal Cold Cream and Kshar Oil. Filled with a highly rich concentration of lubricants, all natural, the Ayur herbal cold cream makes an ideal protective barrier to the skin. With the addition of Aloe vera, the moisture in the skin is retained, especially effective in really cold climates. This will assist in the prevention of aging and dehydration in the skin. The extra formula increases blood circulation and leaves a fresh and soft appearance. Unlike other cold creams, this one is purely herbal and you do not need to worry of its side effects on your skin.

The Kshar Oil is essentially used for the benefit of ear ache and bouts of sinusitis. The solution contains a whole host of ingredients including Samdra Kavana, Ksara Svarjika, Vida Lavana, Devedaru, Pippli Mula and Musta. This oil is part of the family of Ayurvedic oils, which are blends of aromatic and non-aromatic herbs, processed in water and Sesmi oil. Ground in course powder, boiled on a very slow heat, with some improvisation to make them palatable and penetrable to the skin, these oils have a divine power to help sustain the suppleness and texture of the skin. To sum it up, this oil comes as a boon for all who suffer from Sinusitis!

Others include: Arthovin oil for the joints; Ecliptol oil for tackling hair loss; Jatyadi oil for wounds and ulcers; Kanduna oil for fungal infections; Kumkumadi oil to help with acne; and Mahanarain oil for headache symptoms. Take a close look at their wonderful website www.indianherbcare.com where there is a multitude of options available, with informative descriptions and excellent advice. The staff are aware of the sensitive nature of some of the complaints, and will deal with the matter in a professional, but caring manner. Time to go Herbal!

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