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Surgical Stockings: the Best Way to Prevent Clots after Operations by [James Blee](#)

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After the post operational period, there have been numerous cases when blood clots set in and hinder the blood circulation in the lower part of the body. That condition can be averted with surgical stockings. They are also known as support stockings or compression stockings. That is because they provide a pressure on the veins which enhances blood circulation. These stockings are not just appropriate for the hospital use, but anyone with conditions like edema and varicose veins can use them after consultation with a doctor.

Surgical are not meant to be worn only after operations but they can be used to prevent ailments like thrombosis which often results in strokes. Blood clots can be dangerous as they obstruct the veins and prevent the proper circulation of blood from the different parts of the body to the brain and heart. A serious clot can result in a fatal stroke and you might not have enough time. Surgical stockings, if used with precision can reduce such conditions to a vast degree.

Edema is another problem that can be cured with the help of surgical stockings. In this disease, the cells swell up and cause a lot of discomfort in the legs. Or even varicose veins, which are usually caused by constant standing. With gradual pressure on the important points and on the nerves, these ailments can be reduced considerably. They can be worn at any time of the day and can be used as a normal pair of stockings, making it all the more popular.

So do use surgical stockings if you are advised by your doctors and you will soon notice betterment in your condition. Your cramps and pains in the legs will just seem to disappear in no time.

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