



Article published on June 4th 2012 | [Acne](#)

Acne is a common skin affliction that occurs when an oil gland surrounding the hair follicle gets blocked. Since the skin is unable to breathe, a bacterial infection occurs resulting in blemishes called acne. This also causes unattractive scars on the skin, which eventually undermines the individual's self-esteem.

### Laser treatment to tackle acne

There are several acne treatments in Belfast ranging from topical creams, over the counter remedies and prescription medication but most of these, besides being expensive, are either ineffective or short term or have severe side effects. Today, acne can also be treated with laser to help it heal faster. Laser treatment is safe and effective because it directly focuses on active acne and gets rid of the bacteria, slowing down the secretion of oil in the skin.

### What are the benefits of laser acne treatment?

In Belfast, acne treatment with laser is targeted at losing the scars that develop from acne while treating active acne. Laser treatment has revolutionized the way doctors can treat acne. It delivers effective results particularly for severe acne but without serious side effects. It also prevents outbreaks of acne in the process of treating them. The procedure is almost painless, quick and convenient and does not involve much healing time as the risk of infection is minimal.

The patient benefits from achieving clearer skin, zero downtime with the ability to return to normal routine right after the treatment and not having to go through a course of oral medication. The most important benefit of the treatment is non-invasive and long lasting.

### How it works

Laser treatment can also handle the most stubborn acne and the scars formed by it. Lasers use wavelengths that pulsate on the acne affected skin. The overactive oil glands and lesions are destroyed, followed by the removal of the injured skin layers to encourage the skin to rejuvenate itself.

The laser used to cure acne can be of three types:

• ER or Erbium

• CO2 or carbon dioxide or high intensity lasers

• non-ablative lasers or diode lasers

Erbium works from under the skin, transferring heat to the water in the skin. Carbon dioxide or high intensity lasers treat acne scarring by removing the outer layer of the skin, and as it heals, generating fresh new skin. The non-ablative laser treatment penetrates the skin, triggering the growth of collagen and tightening the skin and makes it look young. It treats extreme acne scarring, lesions and cysts and minimizes the scarring. A little redness is normal after the treatment, but this disappears soon. Each session takes around thirty minutes.

Laser acne treatment in Belfast is administered by qualified medical professionals. Almost all skin

areas can receive this treatment, provided the individual follows the precautions advised by the physician before the treatment such as avoiding being in the sun and scratching or picking at the scars. After the treatment, the skin is even, firm and youthful. Results are visible right after the first session as scars significantly reduce. Compared to other acne treatments in Belfast, laser has proved to be the most effective in the long run.

Article Source:

<http://www.articleside.com/acne-articles/safe-and-effective-laser-treatments-for-acne-in-belfast.htm> - [Article Side](#)

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Laserase Medical Skincare Clinic is a leading skin care clinic for for a [Botox Belfast](#). Laserase Medical has extensive experience in skin problems and a [acne treatments Belfast](#), Northern Ireland.

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